POST-RADIATION: what to do.... By Dr. Van Beveren

Now that you are done with the Chemo-"therapy" and are starting the radiation aspect of your "treatment" you need to know that you're not "getting rid" of the (ionizing) radiation. Don't let anyone tell you they can. You CANNOT DETOX RADIATION! While the actual (ionizing) radiation (alpha, beta particles & gamma rays) is long gone (just like a hurricane sweeping thru a town is long gone) it is the devastation left behind with which we must deal. The community does not rebuild itself without effort!

- 1)This is done thru NUTRITION. We will need ANTIOXIDANTS like VITAFRUIT from SR to repair the cellular membranes so they can send and receive messages. You'll need lots of CALLI TEA from SR to help detoxify the actual cellular interior and FORTUNE DELIGHT to sustain the nutritional crevices between the cells.
- 2)This is done thru SAUNAS which provide DRY HEAT preferably from the penetrating source of the sun FAR INFRA-RED SPECTRUM. I have a FIR box that does just exactly that. 30 minutes, AFTER 20 minutes of exercise, three times a day seems enough at least for 4-6 weeks. (BE SURE TO REPLACE FLUIDS LOST WITH CALLI AND FORTUNE DELIGHT TEA. WIPE TOXINS OFF CONTINUOUSLY IN HEATED SAUNA.
- 3)This is done thru homeopathic REMEDIES such as Radium bromatium, Sol, X-ray and Cadmium iodatum (for the acute phases).
- 4)This is done thru Soda and Salt BATHS such as the FLOATATION SPA I have in the PHIC office loaded with EPSOM SALTS. OTHER baths will also help: apple-cider vinegar, Clorox, Hydrogen Peroxide, Clay, Burdock Root, Oat-straw and Baking Soda for example. Many other HERBAL baths are good also.
- 5)This is done thru Vitamins A (Biotics), Citiric C (SR), B-complex (Biotics) and the amino acids LYSINE, Cysteine and Methionine (Perque). Proteolytic enzymes like Wobenzym (Moss) or Marcozyme (US) help to overcome the protein pollution left behind. Niacin flushes help in that they mobilize toxins from the fat and allow them to be excreted. It is used for electron transfer; operates in co-enzyme forms to carry hydrogen ions; acts as a co-enzyme in the energy cycle; causes vasodilatation of capillaries and histamine release (hence the "flush"); is used in many detoxification regimens and helps control cholesterol levels. BUT NIACIN DOES NOT HELP IN THE REPAIR OF RADIATION DAMAGE.

Warmly, Dr. Van Beveren, Ph.D.CNS, CNC. Princeton Health Integration Center 609-924-7337 (Phone) 609-924-7828 (Fax) www.princetonhic.com