

Calli and Fortune Delight

A Perfect Blend of Green, Black Tea and Cleansing Herbs

Calli and Fortune Delight are **highly concentrated** blends of **black tea, green tea and cleansing herbs**. The basis for these formula dates back nearly 5000 years in Chinese history and has been perfected and produced by Dr. Chen and Sunrider since 1982.

The Chinese associate the simple principle of yin and yang to most everything, including health principles. **Yin** for example is “**in**” or **nourishes** and **yang** is “**out**” or **cleanses**. Focusing on cleansing, the body needs to remove waste from its normal metabolic processes. The body must also remove harmful materials received from the environment as well as the food supply. Yang or cleansing must be part of any balancing program.

For thousands of years the Asian cultures have consumed large quantities of the green and black tea for the benefit of cleansing as well as balancing. Today, **Western scientists** have **acknowledged** that there are major **benefits** to **black and green tea**, mostly because of the **flavonoid** content. These same scientists looked at the tea drinking countries of the East - the culture that averaged 4 or more cups a day of black or green tea and discovered that those countries had the lowest incidences of most common western disorders. The scientific verification of the value of black and green tea gives a key reason to choose a blended product to **replace** drinks of little or no nutritional value like **coffee, regular teas, soft drinks** and even **bottled juices**. Research also shows the value of drinking the teas before, during and after the meals.

Green and black tea come from the same herb, *Camellia sinensis*. The preparation is the difference. Green tea is heated whole with dry air or steam, while black tea is fermented, rolled and allowed to air dry. The different drying methods allow for different **anti-oxidant phytonutrients** with many **catechins** to remain. *Camellia sinensis* is known to **reduce fat and cholesterol** in the body by improving liver function.

Calli and Fortune Delight are a blend of *Camellia sinensis* in the both the green and black form. The difference between traditional forms for black and green tea and Calli and Fortune Delight are:

- Calli and Fortune Delight are **concentrated**, thus making the **catechins strong anti-oxidants** to **fight the free radicals**. It would be difficult to drink enough black and green tea to actually enjoy the preventative benefits of catechins.
- Calli and Fortune Delight have minor amounts of caffeine, while black and green tea are typically much higher.
- Calli and Fortune Delight have **other herbs added** to the combination for their **cleansing benefits** and **phytonutrient qualities**, while green and black tea is from only one herb.
- When we drink Calli or Fortune Delight we have a feeling of **balance** and **completeness** while green tea or black tea might be bitter and make our throat feel dry.

Unlike most teas that are simply ground herbs placed in a tea bag, Calli formula goes through many complicated and unique steps before it is ready for consumption. After the herbs are **carefully selected, cleaned, tested for purity**

and **dried**, they are **milled** and **concentrated**. The liquid is then **sprayed** on the carrier leaf. Prior to this, the carrier leaf has been **soaked carefully** in **flower essences** to **improve** its **cleansing** and **nourishing** properties.

The difference between Calli and Fortune Delight is that Fortune Delight is instant while Calli needs to be prepared like a tea; steeped for 3 to 5 minutes in hot water between 185 -195 degrees F (85 – 90 degrees C). You can make it very strong for faster cleansing or stretch one Calli bag into 1 to 6 quarts (1 to 6 liters), when necessary. The 8-gram packet of Fortune Delight is perfect for a 1-liter container for the entire family to enjoy. Both can be enjoyed hot, cold or with ice. Fortune Delight is also used as a part of a weight management program. People with lighter eyes tend to choose Calli; the one with dark eyes might prefer Fortune delight. Of course there are exceptions to the rule. Calli and Fortune Delight can be used as a combination to be more intuitive and spiritual. The key to nutritional benefits of both products is consistency - to use them every day before, during and after meals.

The variety of flavors is for taste as well as an added benefit for function.

Calli Regular is the strongest cleanser and most widely used.

Calli Cinnamon is beneficial in digestion and is a great companion food to Assimilaid (AD).

Calli Mint can be used for mental clarity and the respiratory system. This refreshing drink is suitable especially in the morning.

Calli Night is slightly different in that it nourishes more than cleanses. It introduces the body to resting at night and calming in the day.

Fortune Delight is available in long time favorite **Regular**, and delicious **Cinnamon**, **Lemon**, **Raspberry** and **Peach** taste.

Some people may not like the taste of Calli immediately as they taste whatever the body is cleansing. The worse it tastes the more they need it. If it is a metallic taste, it could relate to metal fillings in the teeth. Some might find it bitter especially if they have used particular prescription drugs. The taste of Calli could be bland for people who eat a lot of fatty foods like junk food, hamburgers or hot dogs. As the body is cleansed, the taste will become very pleasant. It is a good idea to add Sunectar or Sunny Dew (Suncare or Suncare Plus) to Calli and Fortune delight not just for a better taste but to nourish the pancreas and adrenal glands.

Both **Calli** and **Fortune Delight** have been **tested** by **gas chromatography** to show the presence of the important tea **catechins** and other **flavonoids**, whose health benefits have been recognized worldwide. The Company's extensive testing has shown the presence of necessary **anti-oxidants**. People everywhere are looking for convenient sources of anti-oxidants to combat free radicals and to cleanse the body. **Calli** and **Fortune Delight** are **THE BEVERAGE** of **choice** for **this century**.

To **create** the **balance (regeneration)** in the body we must also concentrate on **nourishing** or **yin**. Sunrider has many such products but the basic ones are the highly concentrated and uniquely formulated **Nu-Plus**, **Nu-Puffs** for the whole body and major organs and **Quinary** for the five body systems.

These products are not intended to treat, cure or prevent any diseases but should be used as the best nutrition available today.