

What is an herbal extract?

An extract is taking the entire (portion of a) plant or herb and reducing it to a fraction of its WHOLE former self – into a powder, liquid or pressed into a tablet.

So speaking of family - A STANDARDIZED extract is divided into fractions first and then they delicately MEASURE the (so-called) “active” ingredient which is brought up to a level where the laboratory has found specific changes in the physiology of the rat (or any other animal that was tested) for a specific sign or symptom. So “standardized” means you are assured of a certain level of a specific fraction that actually DID something specific in a specific animal (not necessarily human) or in a specific test tube or specific Petri dish.

You can tell by my wording that I’m not fond of “standardized extracts” because they make the entire plant or herb UNSTABLE in the HUMAN body. Why? Because they TARGET a sign or symptom and therefore act more like drugs (by assuring the consumer that his/her symptom will vanish) and so it fools the person into thinking they will get well. What is lost is the RATIO of the “active” ingredient to the whole – creating a vacuum and forcing a “longing” for all the other (non-“active” family) ingredients. And therefore, like drugs, a “curing” may take place but “healing” takes it in the ear – again.

I hope this helps.

Warmly,

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