

“Going to the doctor” – takes on a whole new meaning at the PRINCETON HEALTH INTEGRATION CENTER

The first visit with Dr. Van Beveren - a holistically-minded clinical physiologist & nutritional biochemist - is not just any-ol' drs' appointment - but an experience in itself. In what looks like an ordinary house belies a hidden treasure of activity that must be seen to be believed. As you come into the office the first thing that you notice is that it's bright and airy. The soft earthy colors bid you welcome and the warmth of knowing that you matter and are seen for who you are as a whole person - is unique to the profession. The receptionists greets you warmly and ushers you behind the counter to do the "Luscher-Doodle" test – a quick ½ hour personality profile that Dr. Van put together some 30 years ago and has served him well ever since. For just a little while you get to be a kid again and play with crayons, colored pencils and chalk! If you ask you get a quick tour of the modern teaching kitchen and the stone-walled medieval dining room.

After that you and your guest (we encourage visitors) are brought down into a full, finished basement – alight with a soft glow. The receptionist leads you into an area with some soft leather chairs surrounded by some 12,000 books on a variety of subjects. The desk is clean but not tidy – and framed by a variety of instruments – including a research microscope to which a large monitor is attached and hanging from the ceiling. As you are introduced to Dr. Van you get your bearings and notice all the lights, bottles, tables, a heat spa, sound speakers and other objects you don't always find in your doctors' office.

The visit is composed of several distinct parts: the aforementioned Luscher-Doodle test, the historical intake, a microscopic blood & urine examination, the preliminary recommendation sheet and the practical application.

We suggest that you bring someone with you to help you remember – or bring a tape recording devise, as this visit can be mentally and/or emotionally exhausting: your memory will be taxed, buttons may be pushed, trauma recalled, etc. Holism is concerned with all factors that affect the variable aging process of the major organs: physical, mental, emotional – and others.

Before the visit the receptionist will fax or send you a number of questionnaires which must be answered and turned in the Friday before the appointment. One questionnaire is especially important (over 100 books have been written on it) in that it will reveal - numerically - your

stress score, the number of organs that are unhappy, the organs that make up the past influences, which organs that have been forced to acts as adapters and the organs that are presently suffering (which may be compensators). The rate of regeneration or degeneration and the possible combinations of conditions that may be developing are also discussed in detail – usually at the second visit when all the information, including a possible allergy test results and a comprehensive hair analysis for toxic metals, etc – is returned to the office. The results of this questionnaire will be compared with the same questionnaire at the next visit.

The first visit lasts 2 ½ hours and is valued at \$750.00

The second visit lasts 1 ½ hours and costs \$595.00

The third & every visit following - is valued at \$450.00

We recommend 4 visits per year in maintenance mode.

“An ounce of prevention is better than a pound of cure” Benjamin Franklin.

Warmly,

Dr. Van Beveren, Ph.D.CNS, CNC.
Princeton Health Integration Center
609-924-7337 (Phone)
609-924-7828 (Fax)
www.princetonhic.com